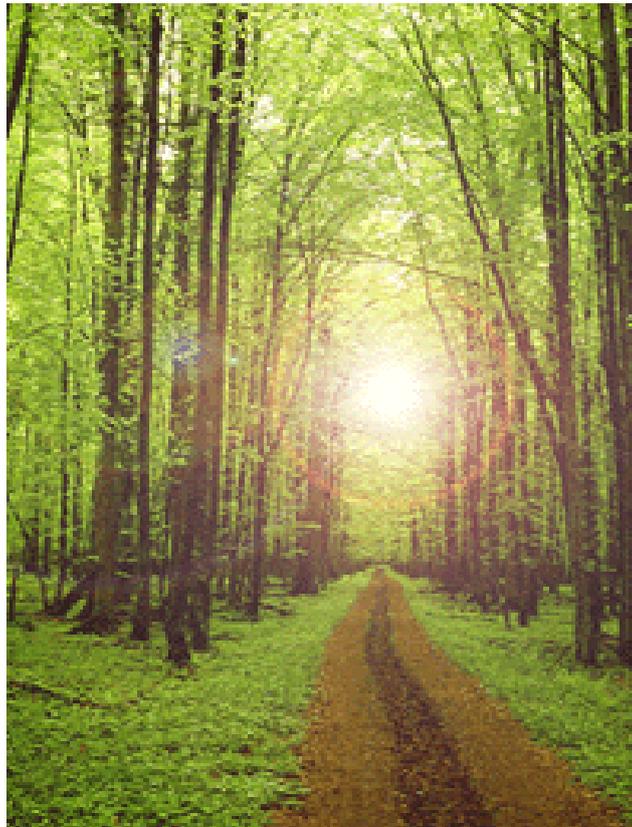




Canberra Spiritualist Association



Newsletter

Vol. 34 July to September 2016

PROGRAM

	Date	Speaker/Medium
July 2106	Sunday 3rd	Penelope Murray
	Sunday 17th	Anne-Veronica Meredith
	Sunday 31st	Flowers
August 2016	Sunday, 7 th	Debby Walker
	Sunday, 21 st	Sarah Jeffery
September 2016	Sunday, 4 th	Maureen Chant
	Sunday, 18 th	Jane Hall
October 2016	Sunday, 2nd	Janet Adams

COMMITTEE for 2015/2016

President	Norman Ivory
Vice President	Selma McLaren
Secretary	Deborah Walker
Treasurer	Lynette Ivory
Non Exec Committee Members	John Brothie
	Medley Boustead
	Janeese Vote
	MayiaFamelis



ANNUAL GENERAL MEETING and MEMBERSHIP

This is to remind everyone that our financial year ends at the 30th June and we shall aim to have the accounts completed and audited in July so that we can hold the Annual General Meeting after the service on Sunday the 7th August. At the AGM reports will be presented by the President, the Secretary and the Treasurer for the year 2015/2016. Then all the positions of the officers and the committee will be declared vacant and elections held for the officers and committee for 2016/2017. Nomination forms and proxy forms will be sent out separately to each member and posted to those who do not have email addresses. If you cannot make the AGM please give your proxy and instructions on how you wish to vote to another member of the Association. **PLEASE NOTE:** Nominations for positions on the committee must be to the secretary no later than 14 days prior to the date of the AGM that is 16th July, 2016. This date will be confirmed when forms are sent out. You can, as well as posting, scan and email your forms to either info@canberraspiritualist.org or csapearce@live.com but they must reach the secretary by the nominated date.

Please note that to vote at the AGM all membership fees for 2016/2017 will need to be paid before the meeting on the 7th August. The membership fee is \$20 for the year.

PRESIDENT'S REPORT

We have only just found out that one of our long standing members, Colleen Davis, has left Canberra and moved to Bowen Mountain. Colleen served on the committee for quite a long time and tirelessly supported the Association, raising money by holding raffles, and often gave this money to charity on behalf of the Association. Colleen was always cheery, a great cook and often provided meals and catering for special events. The one thing that was constant with Colleen was her cherry smile and friendly approach to new comers. Over the years Colleen has become a friend to both Lynette and I and we will miss her both as a friend and as a member of the Association. We wish Colleen all the very best happiness and prosperity in her new home.

We have recently started a new mediums course which takes place at the Seniors Centre, Watson Street, Turner. In the course each of the students completes a short essay on a spiritual subject each week. The first essay was:- "Why do I want to become a medium"?

The responses varied of course but the three following main points were made:

First of all was the need for messages from loved ones in spirit when a person left behind is grieving and greatly missing the person who has passed. This type of communication is especially valuable during grief because it brings to the grieving person the recognition that the person who has passed, has not died but lives on in the world of spirit. In spiritualism we can help people so much in this way and even for the most sceptical of people some relief to grief is received.

Secondly with the recognition that true communication does happen between people in spirit and people still in the physical we all come to understand and know that when our turn comes to pass beyond we shall continue with our lives living, learning, growing and progressing. In this way we all can recognise that because we live on, life in the physical is not wasted; is not something which has no point but is a wonderful process bringing to us many ultimately valuable experiences and relationships.

Thirdly learning about the whole process of life in the spiritualist way brings to us a new philosophy which fills so much that is empty in today's society.

I find that life lived as a spiritualist brings to me a feeling of safety and real purpose. The fear of death and of a gaping grave feared by so many, is not present. There is not only a conviction of survival but also the assurance that when we pass we shall be okay and that we shall meet up with friends and relations who have gone before; people who we love and when we meet again will join us in great joy.

It is with sadness that we learned today of the passing to the spirit world of the son of Diane Dason of the Tomakin Spiritual Group. Lynette and I have known Diane for many years and had only just learned of her son's illness last week. We received the news of his passing today 24/6/2016. We send our love and support to Diane through this difficult time and know that her son is now free of his condition ready to move on to another existence.

Norman

Thought from Rabbit: What is spirituality, what does being spiritual mean? On thinking about this I have come to a conclusion that may be very controversial, but no matter, it may start you thinking. Every human being, regardless of how they act, what they believe or their culture is a spiritual being, It can be no other way as we are all one with the supreme energy of the universe. I have come to the conclusion that we cannot become any more spiritual than we are already. I feel the function of the physical world is to present us with the opportunity and the challenges to become more aware of our spiritual nature and to act in a way that is loving to ourselves and to take the opportunities and challenges to continue developing our awareness. As I said above, we are all one with that supreme energy and there is no separation, so that whatever we think and do affects everyone. If you like, you can say that every human being is but a cell in the body of the great one and any cell that is out of harmony affects all other cells. It follows that if every cell nurtures and supports itself in a loving and harmonious way it then transmits that energy to other cells and may help them to do the same.

Orthodox religions have over the centuries encouraged fear in people and only reward if you do as you're told; today's religion, that of media, politics, materialism and science are doing exactly the same, believe what we tell you and you will be rewarded, disbelieve and you will suffer the consequences.

This creates fear and anger against those who are different and believe differently leading to wars, hatred and acts of revenge; perhaps even taking advantage of others.

Let us disregard these new religions, let go of the old beliefs and begin to be more peaceful and loving towards yourself. Develop your understanding and awareness and move forward with joy.

Any advertisement that goes into this newsletter must be of a spiritual nature or to do with health and well-being. There is a nominal charge made and this goes towards the CSA funds to cover the costs involved.

If you would like to place an advertisement please contact the Treasurer, Lynette Ivory. Lynette can be contacted on her mobile phone 0408 232 604.

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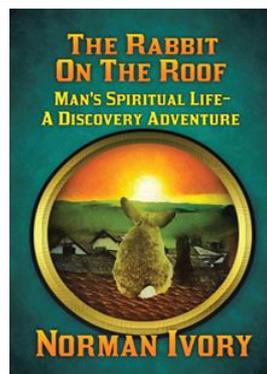
Calling all writers!

If you are good at spiritual poetry or have a small piece of automatic writing that you would like to share, please contact me at nlivory@netspace.net.au it could appear in the next newsletter.

We are also open to publishing any poem, article or thoughts in the newsletter. In fact if you have an article you would like to share we will receive it and publish readily.

If anyone would like to make any suggestions or comments for the next newsletter, please feel free to send a letter or email to:

The Editor
Canberra Spiritualist Association
PO Box 365, Dickson 2602
email: info@canberraspiritualist.org
website: <http://www.canberraspiritualist.org/>



(This is a paid advertisement)

Find out how communication with the spirit world works; how our mind work; the connection between the levels of the different bodies we have and hopefully, open your mind to new ideas and theories.

Obtain a copy by contacting lynettei1203@inet.net.au

or go on to Amazon and purchase from them

RRP. \$24.95

If you purchase the book from Amazon and enjoy what it has to say it would be nice if you would do a review and post it.

This is a paid advertisement